

SEPTEMBER 3-9, 1985

DINING

ENTERTAINMENT

TRAVEL



STEPPING OUT

WITH... *Van*

### THE CHOICE IS YOURS

TROY'S Jr. is a small family style restaurant on Friars Road that does exceptionally well by their customers, in both food quantity and price. The menu is evenly divided between Greek specialty dishes and solid American type favorites.

The Greek specialties are Gyros, Spanakopita and Greek salad. Gyros are made from a finely ground blend of lamb and beef that is well seasoned and compacted around a spit. It is then cooked on a rotisserie and thinly sliced for serving. This is served as a terrific sandwich on Pita bread; the meat, combined with onions, tomatoes, parsley, and the sour cream dressing called tzatziki sauce. Spanakopita is a spinach pie made with wafer thin Fillo dough, Feta cheese and spinach. This is delicious and I think it is delicious. In addition to the Gyro sandwich at Troy's Jr., they also serve a Gyros plate with a salad for just \$4.25. The Spanakopita plate is just \$3.95 with pita and a Greek salad. A combination plate of the two is \$4.95 and all the portions are large.

The American style meals on the regular menu include 1/2 baked chicken, roast pork, liver and onions and Beef kabob. Served with rice and salad, the first three are just \$3.95. The kabob \$4.75. The portions are large, the cooking very good and the prices extremely favorable.

In addition to the plate dinners there are a number of sandwich and hamburgers and, of course, the Greek salad, with lots of Feta cheese comes in both large and small portions a la carte.

TROY'S Jr. is a rare restaurant in that they serve such very well prepared food at such extremely reasonable prices. The only drawback to the place is that it is fairly small. I counted even dozen tables and the place can be full during the height of the lunch dinner hours. The service is good here and even at peak hours doesn't seem to take long to get a table. Probably the best idea, if you can work it into your

schedule, is to eat just before or after the busiest times, for the quickest and best service.

TROY'S Jr., 10450 Friars Road, 281-7741. Open 7 days. 11 a.m.-8:30 p.m.